

ROWING COACH

POSITION DESCRIPTION

REPORTS TO	Head of Rowing
DIRECT REPORTS	NIL
KEY RELATIONSHIPS	Students
PURPOSE	The purposes of this role are: To mentor, coach and contribute to the overall development of the Lowther Hall rowers and the rowing program
ENVIRONMENT	This is a casual position

KEY AREAS OF RESPONSIBILITY

TRAINING

- Attendance at training sessions as decided by the Head of Rowing (times of training must be strictly adhered to)
- Maintaining familiarity with the latest information and literature on a sport and its coaching
- Awareness of correct skills, technique, rules and regulations
- Attendance where possible at coaching courses and seminars, leading to either a qualification or to further knowledge
- Application of a structured program of coaching
- Teaching of correct rowing technique, enabling skill development
- Provision of motivation, support and encouragement for the squad
- Selection of the squad in consultation with the Director of Sport / Head of Rowing
- Provision of an integrated program of coaching and fitness in conjunction with the other coaches

OVERALL DUTY OF CARE

- The most important responsibility of the Coach is the overall Duty of Care of the students
- The Coach must attend all training sessions and competitions as directed by Director of Sport / Head of Rowing
- Health and safety matters must be paramount at all times and all problems are to be reported promptly to the Director of Sport
- At training sessions and events, the Coach must arrive first and take full responsibility for the students as they arrive
- The Coach will be last to leave, ensuring that each girl has been safely collected
- Good liaison with parents

DISCIPLINE

- A high standard of discipline is expected of all involved in a sports program, in matters of behaviour, uniform, attendance and punctuality
- The Coach is responsible for this high standard of discipline

VALUES AND BEHAVIOURS

Category	Expected behaviours
Values	Demonstrates personal integrity and strong work ethic Behaviour demonstrates a team approach Is open to new ideas and opportunities
Communication	Communicates effectively
School standards	Always focused on the needs of the School Always respectful of others Adds value to the team and the School Complies with all school policies
Business outcomes	Looks ahead and anticipates new directions Understands how teams work and utilises the skills of team members
Productivity	Self driven and displays personal effectiveness Manages stressful situations well Displays sound problem solving and decision making skills Possesses technical skills required to be proficient in the role Shows critical reflection on own work
Continuous improvement	Reviews performance data to identify areas for improvement Considers the bigger picture when thinking about a problem Understands and adjusts to change
Planning	Demonstrates organisational skills Develops project plans with clear process and outcome

TECHNICAL KNOWLEDGE AND JOB SPECIFIC SKILLS

- Coaching experience and/or qualifications
- Rowing Australia Level 1 Coaching Accreditation or willingness to obtain
- An understanding of the Lowther Hall context
- Awareness of correct skills, technique, rules and regulations
- A current and appropriate WWCC registration
- An understanding of child safe standards
- Current Level 2 First Aid and CPR Certificate – with a commitment to on-going training
- Current National Criminal History Record Check



- Current anaphylaxis management qualification
- Current asthma management qualification

PERSONAL ATTRIBUTES

- Sound judgement with regards to people and situations
- Willingness to support the school values
- Organisation and attention to detail
- Time management and prioritising ability
- Initiative and resourcefulness
- Outcomes focus
- Team orientation
- Kind, friendly and supportive to parents, staff and students
- Decision making within level of authority
- Flexibility and 'can do' attitude

POSITION ACCEPTANCE

I accept the position description as stated above, and that it may need amending and updating periodically due to changes in responsibilities and organisational requirements. I will endeavour to model the values and behaviours of the school and follow all policies and procedures.

Incumbent Name

Incumbent Signature

Date

